Key Stage 1 : Year One

## SEX AND RELATIONSHIPS EDUCATION Primary Curriculum OVERVIEW

| CORE THEME   | Suggested learning outcomes   |
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| HEALTH AND WELLBEING  RELATIONSHIPS  LIVING IN THE WIDER WORLD | H10. The names for the main parts of the body (including external genitalia) and the bodily similarities and differences between boys and girls   |
|  | H13. About people who look after them, their family networks, who to go to if they are worried and how to attract their attention   |
| RELATIONSHIPS  | R3. The difference between secrets and nice surprises (that everyone will find out about eventually) and the importance of not keeping any secret that makes them feel uncomfortable, anxious or afraid   |
|  | R9. To identify their special people (family, friends, carers), what makes them special and how special people should care for one another  |
|  | L3. That people and other living things have rights and that everyone has responsibilities to protect those rights (including protecting others' bodies and feelings; being able to take turns, share and understand the need to return things that have been borrowed) |
|  | L10. About the 'special people' who work in their community and who are responsible for looking after them and protecting them; how people contact those special people when they need their help, including dialling 999 in an emergency.                              |