



A CHILD AND ADOLESCENT MENTAL HEALTH SERVICE

## Mental Health advice for professionals working with children and young people in Tameside and Glossop

Advice	Urgent advice	Emergency advice
<p>Non-urgent concerns regarding a young person's mental health, risk and/or emotional wellbeing.</p>	<p>Urgent concerns regarding a young person's mental health and emotional wellbeing. The young person and those around them are able to be kept safe</p>	<p>Emergency concerns where young person is considered to be at immediate and serious harm to themselves or others.</p>
<p>Discuss in consultation with HYM Neighbourhood practitioner. <i>Professionals must ensure they have consent to discuss the young person.</i></p>	<p><b>SPEAK</b> directly with Neighbourhood Practitioner. If unavailable then contact Tameside Healthy Young Minds Duty Worker on <b>0161 716 3663</b> Monday-Friday 9am-5pm. or <b>111</b> out of hours.</p>	<p>Contact Tameside Healthy Young Minds Duty Worker on <b>0161 716 3600</b> Monday-Friday 9am-5pm. Or call <b>111 for advice out of hours. If the young person refuses to follow plan then consider contact emergency services. - 999</b></p>
<p>Examples (not exhaustive): Evidence of low mood and/or anxiety, panic, worry.  Low-moderate worries about emotional well-being of a child or feeling unsure about how best to support a child's mental health</p>	<p>Examples (not exhaustive): -Suicidal thinking or significant self-harm. Please follow self-harm pathway to gather more information regarding nature of suicidal thinking. Concerns that a mental health difficulty is causing a significant impact on the ability to carry out daily living activities</p>	<p>Examples (not exhaustive): -Concerns for immediate safety. - Thoughts and plans of suicide. Intent is evident or guarded responses present with questions of plans and intent. -Severe self-harming and/or changes in mental state that could cause harm to self or others.</p>

### Tameside and Glossop HYMS are pleased to offer a dedicated Mental Health Practitioner for consultations in the following areas of Tameside and Glossop.

This consultation offer is to support professionals in identifying and meeting the mental and emotional health needs of young people.

-This does not replace the referral system for urgent and emergency referrals. Please still contact the HYM team directly if urgent: **0161 716 3663**.

**Ashton Locality:**  
Pushpa Shaw  
pushpa.shaw@nhs.net

**Denton Locality:**  
Rhiannon Wilcox  
rhiannon.wilcox1@nhs.net

**Hyde Locality:**  
Rhiannon Wilcox  
rhiannon.wilcox1@nhs.net

**Stalybridge Locality:**  
Pushpa Shaw  
pushpa.shaw@nhs.net

**Glossop Locality:**  
To be confirmed.



Tameside and Glossop Localities