

Tips for parents

When your child starts primary school there are a number of skills that they should ideally have mastered. Use this sheet as a guide to help track their progress.

Self-care

- · I know when to wash my hands
 - · I can wipe my nose
- · I can ask for help if I don't feel well

Speaking & literacy

- I am interested in reading stories
 & looking at picture books
- . I am able to talk about myself, my needs & feelings
 - I am practising recognising my name when it's written down

Getting dressed & undressed on my own

- · I can button & unbutton my clothes
- · I can put my own shoes & socks on
- · I can put my coat on & use a zip

Interest in the world & new activities

- · I enjoy learning about the world around me
 - I am interested in exploring new activities or environments
 - · I like asking questions

Eating

- · I can use a knife & fork
- · I can open my packed lunch on my own
 - I am confident at opening wrappers & packaging

Writing skills

- · I like tracing patterns & colouring in
- · I enjoy experimenting with different shaped scribbles
 - · I am practising holding a pencil

Going to the toilet

- I can go to the toilet on my own, wipe myself properly & flush
- · I can wash & dry my hands without any help

Independence

- I am happy to be away from my mummy, daddy or my main carer
- I am happy to tidy my belongings & look after my things
- · I am feeling confident about starting school

Listening & understanding

- · I am able to sit still and listen for a short while
 - · I can follow instructions
 - · I understand the need to follow rules

Sharing & turn taking

- · I can share toys & take turns
- · I can play games with others
- · I can interact with other children

Counting skills

- · I enjoy practising counting objects
- I like saying number rhymes & playing counting games
 - I can recognise some numbers when they are written down

Routines

- · I have practised putting on my uniform
 - & getting ready to leave on time
 - I have a good bedtime routine so
 I'm not feeling tired for school
- · I'm learning to eat at the times I will on school days

