

Tameside Metropolitan Borough
St Anne's Primary School



Headteacher Mrs K Rimmer BEd (Hons)
St Anne's Road, Denton, Manchester M34 3DY
Telephone No: 0161 336 2956 Fax No: 0161 320 7949
Email: admin@st-annes-denton.tameside.sch.uk
www.st-annes-denton.tameside.sch.uk

17 January 2022

Dear Parent/Carer

Changes to the self-isolation period for those who test positive for COVID-19

From **Monday 17 January**, people who are self-isolating with COVID-19 will have the option to reduce their isolation period after 5 full days if they test negative with a lateral flow device (LFD) test on both day 5 and day 6 and they do not have a temperature. For example, if they test negative on the morning of day 5 and the morning of day 6, they can return to their education or childcare setting immediately on day 6.

The first test must be taken no earlier than day 5 of the self-isolation period, and the second must be taken the following day. All test results should be [reported to NHS Test and Trace](#).

If the result of either of their tests is positive, they should continue to self-isolate until they get negative results from two LFD tests on consecutive days or until they have completed 10 full days of self-isolation, whichever is earliest. **We will require photographic evidence of the negative LFD results if children are to return to school before the 10 days isolation period is completed.**

Anyone who is unable to take LFD tests or anyone who continues to have a temperature will need to complete the full 10 day period of self-isolation.

Further [information on self-isolation for those with COVID-19](#) is available.

Cont/....

Some likely scenarios are described below along with our advice:

What should I do if my child develops COVID-19 symptoms?

The main symptoms of COVID-19 are:

- new continuous cough and/or
- fever (temperature of 37.8°C or higher)
- loss of or change in, normal sense of taste or smell (anosmia)

If your child develops any of these symptoms, you must arrange for them to have a PCR test as soon as possible. A PCR test can be arranged via the NHS UK (www.nhs.uk) website or by contacting NHS 119 via telephone if you do not have internet access.

Your child should self-isolate immediately and they should not attend school.

Please contact the school by phone to inform us your child has COVID-19 symptoms and you are awaiting a COVID-19 test.

What should I do if my child has COVID-19 confirmed by PCR test?

Anyone with COVID-19 confirmed by PCR test should self-isolate until the latest of:

- 10 days after the onset of their symptoms, or
- 10 days after their test day if they are asymptomatic (this is reduced to 7 days if your child records 2 negative LFD tests on days 6 and 7 of the isolation period)

Self-isolation means your child should not go to school, attend any out of school activities or visit a friend's house. They should not visit any public places, use public transport or go out to exercise. You should not have visitors into the home except for those providing essential care.

Please contact the school by phone and inform us your child has COVID-19 confirmed by PCR test. It is really important you let us know if your child has confirmed COVID-19 so we can monitor the number of children with COVID-19 across the school.

What should I do if my child is a contact of someone with COVID-19 confirmed by PCR test?

If your child is aged under 18 years and 6 months and does not have any symptoms of COVID-19 (high temperature, new continuous cough, loss of or change in, normal sense of taste or smell) they do not have to self-isolate as a contact of COVID-19.

They are advised to have a PCR test unless they have had a positive PCR test in the last 90 days.

As long as your child has no symptoms, they are not required to isolate while awaiting the result of their own PCR test.

What should I do if my child has a positive result on a lateral flow device test?

If your child has a positive result on a lateral flow device test, they should self-isolate immediately and you should arrange a PCR test as soon as possible.

Other members of the household do not need to self-isolate whilst you await the PCR test result if they do not have symptoms and are aged under 18 years and 6 months or are fully vaccinated.

Cont/....

What should I do if my child is unwell with signs of an infection but does not have symptoms of COVID-19

Your child should be excluded from school if they are unwell. If concerned you should seek advice from your GP or Pharmacist, they will be able to advise you how long your child should stay off school. Otherwise we would recommend exclusion for 48 hours or until the child is symptom free, whichever is longer.

As I said in my previous update, the guidance is constantly changing so please call school with any questions regarding specific situations.

Thank you for your continued support.

Yours sincerely

Mr K Rimmer
Headteacher